

NUCLEAR MEDICINE

PATIENT PREPARATION

BILIARY SCAN (HIDA)

A HIDA scan involves the use of a small amount of radioactive material which will be injected into a vein in your arm. Painless images will be obtained for approximately 1 to 2 hours. Delayed images may be needed 3 to 4 hours later.

- Nothing to eat or drink for 6 hours prior to the exam
- No morphine prior to the exam for pain

RENAL SCAN:

- Patient should be well hydrated

CAPTOPRIL RENAL SCAN:

- Nothing to eat or drink for at least 4 hours prior to the exam.

GI BLEEDING SCAN:

- No blood thinners such as heparin drip during the study

GASTRIC EMPTYING STUDY:

- Nothing to eat or drink after midnight the day prior to the exam
- The Exam must be performed in the morning.

THYROID UPTAKE AND SCAN:

- No thyroid medication for 6 weeks prior to exam
- No contrast (x-ray dye) containing iodine for 6 weeks prior to exam

MYOCARDIAL PERFUSION (STRESS TEST):

- Nothing to eat or drink after midnight the day before the exam
- No caffeine for 12 hours prior to the exam
- No smoking 4 hours prior to the exam
- No medications taken the morning of the exam
- Wear comfortable clothes and shoes for this exam such as walking/running shorts and shoes. You will be given a stress test either on a treadmill or by use of medications.